

Broomfield Pom Captain Tryout Requirements

- I. GENERAL MEETING - **Monday, March 18th** after initial tryout meeting □
- II. APPLICATION AND RECOMMENDATIONS – Due: **Monday April 15th, 4:00pm**
Faculty Evaluation forms will be given to *three* of the candidate’s teachers or administrators. The final faculty evaluation score will be the average of a candidate’s teacher scores.

Note: These faculty evaluations are to REPLACE the regular tryout teacher evaluations.

- III. TEAM VOTE – **Wednesday April 10th 5:45pm** in Carrie’s room
On Wednesday April 10th, each candidate will address the returning members of the varsity team and will provide their response to the following questions:
 1. What contributions do you feel you would make to the team as a captain?
 2. Who is your leadership inspiration and why?
 3. What are some areas of growth you are hoping to develop?
 4. How do you plan to uphold our treasured traditions and leave your mark on this team?

Each veteran team member will fill out her ballot completely when voting for her top choices, in ranking order. Scoring for this portion of the tryout will be done as follows:

- Candidate receiving highest team vote = 100 points
- Candidate receiving second highest team vote = 90 points
- Candidate receiving third highest team vote = 80 points

- IV. TEACHING SKILLS – **Wednesday April 17th at 5:45 p.m.**
Each candidate will choreograph, demonstrate, and then teach 4 8-counts to outgoing seniors in front of the coaching staff. Candidates may choose their own music. When choreographing, the candidate should think about the caliber of a football halftime or sideline routine. This must be *new and original* material. The Captain candidate will be scored on teaching ability, movement articulation/perfecting, choreographic elements, and positive/motivational energy.

Total Possible SCORE

Faculty Evaluations	100 points
Team Vote	100 points
Teaching Skills	100 points
Essay Question	100 points
	400 points

Broomfield Pom Captain

Honor and Responsibility

Being a Captain is not only a tremendous honor, but also a huge responsibility and you must wholeheartedly believe in everything the team stands for. You must be prepared to serve sacrificially, putting yourself below your teammates.

- I. A Captain is a **LEADER**. She shows initiative and creative problem solving. She inspires her teammates without coercion and is capable of directing practice without being asked.
- II. A Captain **LOOKS LIKE A CAPTAIN**. She carries herself like a captain. She follows all school policies in regards to dress code, attendance, punctuality, and respect. She is mindful of her example on the competition floor, on the football field, in class, and all social events.
- III. A Captain is **RECOMMENDED BY TEACHERS IN SCHOOL**. She views herself as a student athlete and takes her performance in the classroom, strong work ethic, and commitment to her academics seriously.
- IV. A Captain has overflowing **EAGLE PRIDE** and willingly shows it. She has a contagious zeal for her school.
- V. A Captain **SETS AN EXAMPLE WITH HER CONDUCT**. She knows that she is a representative of the team. She behaves like a lady in and out of class. She is mindful of the situations she chooses to be in.
- VI. A Captain **HAS ALREADY WORKED FOR THIS POSITION**. She must have actively participated in leadership roles before, formal or informal, and taking initiative to show her leadership skills in the past. She doesn't just deserve this honor because she has spent time on the team; she has *earned* the honor of being a Captain.
- VII. A Captain is a **PERFORMER**. She uses good technique and has great showmanship. She is continually striving to improve and pushes the team to reach the best of their abilities.
- VIII. A Captain is **DOES NOT COMPLAIN**. She pursues calm, mature, face-to-face conflict resolution. She accepts the decisions of the coaches, supports them in front of her teammates, and discourages divisive behavior.
- IX. A Captain **SERVES**. She performs any task assigned...and volunteers for whatever comes up. She tries to see duties before they arise and takes care of them in advance.
- X. A Captain is **THE EXAMPLE NOT THE EXCEPTION**. She is first to arrive and last to
- XI. leave, regularly encourages others, and leaves a positive mark on everyone she meets.

Broomfield Pom Captain Application & Contract

NAME _____

GRADE NEXT YEAR: (Circle one) 10 11 12

CAPTAIN CANDIDATE/PARENT CONTRACT:

My parents/guardians and I understand that if I am selected as Captain for the 2018-2019 school year, I will follow all team regulations and abide by the captain honor and responsibilities listed above. My parents and I have discussed the requirements of practice, attitude, time, energy, and dedication needed to hold a captain position. We both understand that being a captain is an honor and a privilege that will demand more time, energy, and commitment than simply being a member of the team.

I understand the leadership demands that will be required of me in this capacity and I am willing to accept this commitment. I fully understand and accept the commitment I am making to my dance team and its coaches and understand the penalty for breaking these commitments will result in removal from my captain position.

My parents/guardians and I understand that all captain positions are final and accept the decisions of peers and coaches.

By signing this contract, I and my parents/guardians understand that my personal behavior and actions in the school and community will always uphold the same principles, rules, and regulations set forth for team and/or captain membership of this dance team.

Student Signature

Date

Parent/Guardian Signature

Date

Broomfield Pom Captain

Teaching skills

NAME _____

CATEGORY		SCORE	COMMENTS
ATTITUDE & ORGANIZATION Positivity / Encouragement Preparedness/ Memory Rehearsal of Movement	30		
CHOEROGRAPHY Originality & Creativity Variety & Appropriate Difficulty of Routine Audience Appeal	10		
TEACHING TECHNIQUE Demonstrates full out Use of proper terminology, dance technique & ability to mirror <input type="checkbox"/> Method of connecting steps taught & reviewing	30		
TEACHING EFFECTIVENESS Voice Projection Confidence & Control of dancers Vocal cues Maximizes teaching time	30		

TOTAL: _____

Candidate for Broomfield Pom Captain

Faculty Evaluation

Candidate's Name _____ Faculty Name _____

NOTE: This evaluation is extremely important in providing insight into a candidate's intelligence, leadership, and character. In an effort to maintain confidentiality, please return these forms to Carrie Nitchoff, by putting them in her box in the main office or return them to the student in a sealed envelope. We sincerely appreciate your time and efforts!

CATEGORY	OUT OF	SCORE	COMMENTS
ATTENDANCE	25		
RESPONSIBILITY	25		
LEADERSHIP	25		
PEER & FACULTY RELATIONSHIPS	25		

TOTAL: _____

Broomfield Poms Captain

Essay Questions

During the team's annual goal setting meeting for the year we discuss our core covenants. Using that same principal, consider your personal covenants for the year. What are the three covenants that will guide your leadership style for the year? Explain the covenants, and how would you will embody them throughout the season.