

# Broomfield Poms

## Tryout Information & Schedule

### Informational Meeting

Monday, March 18th

6:30-7:30 pm Broomfield High School – Library

- All prospective pom members and parents are encouraged to attend the meeting

### Optional Workshops

Monday April 8th

4:00 pm – 5:30 pm Broomfield High School – Eagle Gym

Wednesday April 10<sup>th</sup>

4:00 pm – 5:30 pm Broomfield High School – Eagle Gym

- Workshops are not required, but are a great way to get to know the coaches, other dancers, and to learn or practice the skills required at tryouts. Workshops are \$10 each or \$15 for both. Payment is required the day of the workshop. Please make checks payable to Broomfield High School Poms.

### Mandatory Clinics

Monday April 15<sup>th</sup>

4:00pm – 5:30 pm Broomfield High School – Wilkerson Gym

Tuesday April 16<sup>th</sup>

4:00pm – 5:30 pm Broomfield High School – Wilkerson Gym

Wednesday April 17<sup>th</sup>

4:00pm – 5:30 pm Broomfield High School – Wilkerson Gym

- **Dancers must attend all three clinics AND the interview in order to tryout**

### Interviews

Monday April 15<sup>th</sup>

5:30pm – 6:30pm BHS (**new dancers and returning JV members**)

- Dancers will be signed up alphabetically for a 5-minute time slot to individually interview with the coaching staff. Graduating seniors will be present in another room to help with the tryout routine and skills as needed from 5:30 pm – 6:30 pm during the interviews on Monday April 15<sup>th</sup>.

### Tryouts

Thursday April 18<sup>th</sup>

**4:00pm** Broomfield High School – Wilkerson Gym

- Tryouts will continue through the evening and will end at approximately 8pm, please pack plenty of snacks and water!

### Scoring Breakdown

<b>Tryout</b>	<b>65%</b>
Skills Demonstration & Routine	
<b>Academics</b>	<b>25%</b>
Teacher Evaluations & GPA	
<b>Coach's Discretion</b>	<b>10%</b>
Attitude, Work Ethic, Participation	

### 2019 – 2020 Team Selection

Results will be posted online on the team website [www.BroomfieldPoms.com](http://www.BroomfieldPoms.com) after tryouts are completed the evening of Thursday, April 18<sup>th</sup>, 2018. In case of technical difficulties, the results will be posted by number outside the BHS front doors.

### First 2019 – 2020 Team Meeting

**The first team meeting will be held on Monday, April 22<sup>nd</sup>, 2019 at 7:00pm in the Room #324 at Broomfield High School. This meeting is mandatory for dancers and at least one parent.**

We wish all dancers trying out the best of luck! Please don't hesitate to reach out if you have questions or need more clarification!

*Carrie Nitchoff -Varsity Head Coach*    [carrie.nitchoff@bvsd.org](mailto:carrie.nitchoff@bvsd.org)

# Broomfield Poms

## Tryout Requirements

- **Tryout packet DUE:** Monday, April 15<sup>th</sup>
- Attend **ALL** tryout dates
- Technical Elements: (Anything you are unfamiliar with will be taught and demonstrated at the tryout clinics):

<u><b>Varsity</b></u>	<u><b>Junior Varsity</b></u>
Triple Pirouette (consistent)	Double Pirouette (consistent)
Tours (turns in 2nd): 2 eight counts	Tours (turns in 2nd): 1 eight count
Kick Combination/Kick-Line	Kick Combination/Kick-Line
Standing Jump Sequence (Toe-Touch, etc)	Standing Toe-Touch
Leap Combination (right and left)	Leap Combination (right and left)
Headspring and Kip-Up (consistent)	Headspring and Kip-Up (consistent)
Musicality and Timing	Musicality and Timing
Stage Presence and Performance Quality	Stage Presence and Performance Quality
Strong, Properly Placed Pom Motions	Strong, Properly Placed Pom Motions
Ability to Quickly Pick Up Choreography	Ability to Quickly Pick Up Choreography

### Attire

- Wear appropriate (see high school dress code) fitted dance attire with jazz shoes.
- Hair needs to be pulled back in a neat ponytail or bun.
- No jewelry!
- Returning '18 – '19 season dancers, please do not wear anything associated with “Broomfield Poms”
- **On Wednesday April 17<sup>th</sup> and Thursday April 18<sup>th</sup>, dancers are asked to wear a plain black top and black bottoms.** Individual pictures will be taken on Wednesday and used to identify dancers during tryouts on Thursday.

### Agenda and Details

- During the clinics, dancers will learn across-the-floor combinations and two tryout routines. Graduating seniors will teach and demonstrate technical elements for both Varsity and JV.
- During the final day of tryouts, dancers will demonstrate the above dance techniques and the tryout routines.
- All prospective dancers will perform across-the-floor combinations together, two or three at a time, in numerical order.
- Once across-the-floor combinations are finished, all dancers will move to the warm-up room until it is their turn to perform for the judges.
- Three at a time in numerical order, dancers will perform the tryout routines for the judges.
- All dancers will learn the BHS fight song and a short hip hop routine.
- The tryout and clinics are **closed** to observers.

**NOTE: All prospective returning dancers are not guaranteed placement on Varsity or Junior Varsity and must audition each season.**

# Broomfield Poms 2019-2020 Application

Name \_\_\_\_\_

Grade as of **Fall 2019** \_\_\_\_\_ Birthday (mm/dd/yy) \_\_\_\_\_ Cumulative GPA \_\_\_\_\_

Address \_\_\_\_\_

Home phone \_\_\_\_\_ Student Cell Phone \_\_\_\_\_

Student E-mail \_\_\_\_\_

Parent name \_\_\_\_\_

Parent contact phone number \_\_\_\_\_

Parent E-mail address \_\_\_\_\_

Other extracurricular activities: \_\_\_\_\_

\_\_\_\_\_

Dance experience: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Circle the option that best applies to you:

- (A) I would accept a position on either the Varsity or the JV Poms Team.
- (B) I would accept a position on only the Varsity Poms Team.
- (C) I would accept a position on only the JV Poms Team.

**\*Why do you want to be part of the Broomfield Poms?**

*(Please use the back or additional paper to explain your answer)*

# Broomfield Poms Tryout Participation waiver

I \_\_\_\_\_ give my permission for \_\_\_\_\_ to

Parent

Dancer

participate in the Broomfield Poms Tryouts. I assume all responsibility and/or liability during the workshops, clinics, and tryouts. I attest that my child is in good physical condition and can participate in all activities. Any injuries or medical conditions have been discussed with the coaching staff prior to participation.

PRINTED NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

PARENT SIGNATURE: \_\_\_\_\_

**Please Note:** Without this waiver signed, your athlete will not be able to participate in any tryout clinic activities.

# Broomfield High School Poms

2019 - 2020

## Code of Conduct

### *I Purpose of the team*

- a) Promote school spirit as role models and spirit leaders at sporting and community events, while always positively representing BHS
- b) Promote consistent high academic achievement
- c) Establish competitive presence amongst Colorado schools
- d) Encourage and develop leadership qualities
- e) Increase members' self-esteem and promote friendships within the team
- f) Maintain relationships with other schools

### *II Requirements*

- a) Must be a current or incoming Broomfield High School student
- b) Team members must attend **ALL** required activities including:
  - Home games (football, assigned boy's soccer, and boy's and girl's basketball), practices, performances, and ALL competitions
- c) Dancers must maintain the academic standard as mandated by CHSAA
  - Coaches' standard is a 2.50 GPA, and any grade at a C or below will constitute a discussion with a member of the coaching staff to assess if the student needs to take time away from team practices and performances to focus on academics
  - The coaches receive weekly grade reports and will address problems each week as necessary
- d) Students must maintain consistent attendance
  - If a student misses more than half of the school day (four periods), they are to notify a coach and will not attend practice
  - The dancer may or may not perform following an absence depending on the timing at the coaches' discretion
- e) Being on varsity or junior varsity one year in no way guarantees being on the same or any team in the future.
  - All dancers will go through the same selection process each year. There is no set number of dancers who will make either team.
  - Tryouts will be evaluated by the coaching staff and outside qualified judges
  - The entire audition packet, filled out and signed, is required on dates specified in the tryout packet.
- f) **Varsity** captains will complete the captain tryout process (see separate tryout packet)
  - The total number of captains and their grade levels are subject to change each year
  - The only requirement to be considered for captain is that the dancer is a returning varsity member.
  - The exact roles of the captains will be discussed with the selected captains, the coaches, and the team during practice soon after tryouts.
- g) **Junior Varsity** captains
  - The total number of captains and their grade levels are subject to change each year
  - The exact roles of the captains will be discussed with the captains, the coaches, and the team during a practice at the beginning of the school year. If there are returning JV members, the coaching staff may announce captains with the tryout results. However, at the coach's discretion the team may experience summer practices and camp without captains and then captains will be selected in August.

### III Conduct

- a) By accepting your position as a Broomfield High School Pom, each dancer accepts responsibility of her actions and choices, which by nature of our sport are viewed more publicly than the general student population. BHS Poms represent the school at all times, in uniform or not, and are expected to behave accordingly.
- b) Appropriate appearance is required at all times in accordance to CHSAA and BHS rules
  - Performances: the correct uniform or chosen outfit
  - Practice: appropriate practice attire including dance pants or shorts, fitted shirts, dance shoes, hair up, no jewelry, shoes at all times, and “public school” attire during school (See BHS dress code)
  - School Spirit Days: must wear assigned outfit every school spirit day as notified by captains or coaches, including game days, state week, show week, etc.
- c) Smoking, vaping, drinking, inappropriate social media presence, or lewd behavior, on or off campus, is strictly prohibited. Each offense will be taken to the Athletic Director for disciplinary action as outlined in the code of conduct each girl signs when registering with the high school athletic department. Photographic or other documentation constitutes a 20% withdrawal from all sanctioned activity. Second offenses constitute at 50% withdrawal.

### IV Estimated Costs

- a) New competition uniforms, if purchased, will be decided on by the coaching staff and every girl will be required to purchase them.
- b) New camp clothes will be discussed and chosen each year. Every girl is required to purchase new items, and returning members have the option to replace any clothes we keep. If a dancer has grown and wishes to replace any piece of her uniform that is always possible and up to her parents’ discretion.
- c) Other performance items may be decided upon by the team with the approval of the coaches, including but not limited to new poms, hair accessories, bags, show costumes, etc.
- o For varsity dancers, attending the NDA National Dance Team Championships in Orlando, Florida is an amazing competitive opportunity. We must qualify to attend each year. Assuming we qualify and are invited to attend, the average cost is \$1600 per girl. The total costs from 2018-2019 are listed below:
  - o **New Varsity member:** \$5500.00  
(Including 4 day summer camp, monthly Power Barre 4 class, monthly master class with choreographers, Nationals, State Championship Ring and apparel, camp, uniforms, weekly technique class, music, choreography, costuming, competition fees for 3 routines: Pom, Hip Hop, and Team Performance)  
**\*Varsity members will make 10 monthly payments of \$500.00 beginning in May 2020 and ending in February 2021.\***
  - o **Returning Varsity member:** \$5000.00  
(Including Nationals, State Championship Ring and apparel, camp, uniforms, weekly technique class, monthly Power Barre class, monthly master classes with choreographers, music/choreography/costuming/competition fees for 3 routines: Pom, Hip Hop, and Team Performance)  
**\*Varsity members will make 10 monthly payments of \$500.00 beginning in May 2020 and ending in February 2021.\***
  - o **Junior Varsity member:** ~\$2500.00  
(Including \$60/month weekly technique class, choreography/competition/costuming for State Routine, State Championship apparel, 4 day summer camp)  
**\*Junior Varsity members will make 10 monthly payments of \$250.00 beginning in May 2020 and ending in February 2021.\***
- d) The BHS Booster club holds an annual fundraiser, *The Eagle Gala*, on October 5, 2019 and the team/families will participate/attend and help with the event. Any girls with financial concerns should discuss this with the coaches and not be deterred from trying out.

## *V Practices*

- a) **Varsity** practice schedule remains TBA. There will typically be four during the week including Saturday mornings. In addition, varsity will attend a weekly required technique class. We will add practices, or increase the length of practice as competition season approaches if needed.
- b) **Junior Varsity** practice schedule remains TBA. There will typically be three during the week. In addition, junior varsity will attend a weekly required technique class. We will add practices, or increase the length of practice as competition season approaches if needed.
- c) The schedules will be posted on the private team website, and every effort will be made to stick to these schedules, however sometimes practices may need to be adjusted. Dancers will be informed in advance if a practice is being added, extended, or cancelled. It is the dancer's responsibility to know and check the schedule regularly.
- d) If a practice is missed, it is the **dancer's responsibility** to learn missed material **before returning to practice**. We understand life happens outside of BHS Poms, please communicate with us if you have to miss practice for any reason.

## *VI Signature*

Parents and candidates must sign and return the last page of the BHS Code of Conduct (page 8 of this document) stating that they have read, understand, and accept the policies outlined above and return it with the tryout packet on Monday, April 15th.

# Parent and Dancer Agreement

*Dancer's Name* \_\_\_\_\_

I/We the parent(s) of the above-named, have read the BHS Poms 2019-2020 Code of Conduct and understand all the requirements and consequences. We understand the coaches have final say in my/our daughter's continued participation in the program. We also realize we may be called upon to help to the best of our capabilities, and we will make every effort to do our share of assisting on behalf of our daughter. We agree to uphold and support the vision and values of the Broomfield Poms family.

Parent/Guardian signature \_\_\_\_\_

Date \_\_\_\_\_

As a member of the Poms, I have fully read the 2019-2020 BHS Poms Code of Conduct and understand what is expected of me to remain a member in good standing. I will keep myself knowledgeable and informed of all rules, and realize the consequences of poor behavior or inappropriate actions may be severe. I will do all I can to uphold the honor and tradition of Broomfield Poms, and respect my team members, my school, and my coaches.

Dancer signature \_\_\_\_\_

Date \_\_\_\_\_



**Broomfield Poms Tryouts 2019-2020  
TEACHER EVALUATIONS**

**DANCERS** - Please ask all of your teachers to complete the below evaluation form and return it to Pom Coaches no later than Monday, April 15th.  
**TEACHERS** - Please use a scale of 1-5 (5 being the highest). Feel free to write additional comments on the back or contact Pom Coaching staff directly, if you prefer. We greatly appreciate your input!

<b>Class</b> (Write in subject.)	<b>Teacher Signature</b>	<b>Current Grade</b>	<b>Attitude</b>	<b>Work Ethic</b>	<b>Peer Relations</b>	<b>Comments</b>
1st						
2nd						
3rd						
4th						
5th						
6th						
7th						

# **Broomfield Poms Tryout Packet Checklist**

**TRYOUT PACKET DUE: Monday April 15<sup>th</sup> at the first tryout clinic**

Please return all paperwork **in the following order** stapled together with this checklist on top:

- Individual Application (page 3)
- Transcript/ Report Card Fall 2018 - can print off of Infinite Campus
- Current Grades - can print off of Infinite Campus
- Waiver (page 4)
- Signed Code of Conduct (Page 8)  
Please read and review page 5-7 before signing page 8
- Teacher Evaluations